



Parent Workshop



Choose A Saturday: Sept. 15 or 29
8:30 - 10:30 a.m.

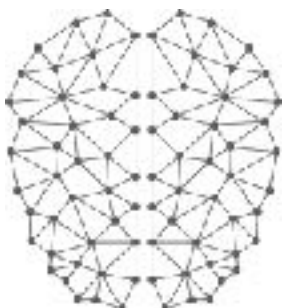
Sign up by emailing jeanne@mind-cap.org

MINDCAP Client Fee \$20

All Others \$40

Limited to first 15

Class held at: The MINDCAP Center
6507 Constitution Dr., Fort Wayne, IN 46804



Topics:

- Mediating my child's homework
- How to handle a neural hijacking (meltdown)
- 28 thinking strategies
- Keeping my cool as the parent!